

## Guidance Syllabus

Week 1: Week one is our building foundation we that talking points are

1. What is Guidance?
2. Where does it come from?
3. What is Real Guidance VS Wishful Thinking
4. How guidance Really comes to us

Then there will be a 30min Q&A session and a Homework assignment

Week 2: How Do I Get Guidance? This week we look at how you as an individual get Guidance. The talking points are

1. Tool for Finding out How you get Guidance
2. 30 min Q&A
3. Asking For Guidance

At the end of the session, a Homework Assignment will be given

Week 3: How to Listen without agenda. This week we will be learning how to truly listen for guidance.

1. What is Ego and What is spirit
2. How to listen
3. Why listening is understanding is so important
4. 30 min Q&A

A homework Assignment will be given at the end

Week 4: Releasing the need to control. Releasing the need for your outcome. This week we are going to be talking all about

1. Why we can not control When Guidance comes in
2. Why it is important to follow your guidance
3. 30 min Q&A

A homework assignment will be given at the end

#### Week 5: Tapping section

1. We will be using EFT tapping also known as (Emotional Freedom Technique) to help you release any negative emotions or blocks you still may have

Week 6" Group activity This week will be a group and small group activity.

#### Week 7: Who is my Guide-

1. We will be talking about Who our guide is and why they may come in different forms
2. Meditation to help us get in contact closer without a guide

An assignment will be given at the end for the last week

#### Week 8 What now

1. We will be talking more about the practical application of guidance
2. How to further guidance
3. Guided meditation

#### Exclusives you Receive:

1. 1 on 1 Miracle Mindset call one hour. (1 per 2 week period)
2. Free (One-Time) one on one tapping session
3. Free Channeled E-Book ( Conversations with the P's)
4. Free access to all session for life
5. Free access to the group even after the 8 weeks